| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| Gluten, Dairy \& Egg Free Whole Grain Chicken Nuggets 4 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Enriched Whole Grain Pasta w/ Marinara Sauce $1 / 2 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice $1 / 4 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Enriched Whole Grain Pasta w/ Marinara Sauce $1 / 2 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit |
| 8 | 9 | 10 | 11 | 12 |
| Gluten, Dairy \& Egg Free Whole Grain Chicken Nuggets 4 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit | "Breakfast For Lunch" Gluten, Dairy \& Egg Free Waffles 2 ea Turkey Sausage Patty 1 ea Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Enriched Whole Grain Pasta w/ Marinara Sauce $1 / 2 \mathrm{c}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice $1 / 4 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit |
| 15 | 16 | 17 | 18 | 19 |
| Gluten, Dairy \& Egg Free Enriched Whole Grain Pasta w/ Marinara Sauce $1 / 2 \mathrm{c}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice $1 / 4 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | "Breakfast For Lunch" Gluten, Dairy \& Egg Free Waffles 2 ea Turkey Sausage Patty 1 ea Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Enriched Whole Grain Pasta w/ Marinara Sauce $1 / 2 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit |
| 22 | 23 | 24 | 25 | 26 |
| Gluten, Dairy \& Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice $1 / 4 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Enriched Whole Grain Pasta w/ Marinara Sauce $1 / 2 \mathrm{c}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit | "Breakfast For Lunch" Gluten, Dairy \& Egg Free Waffles 2 ea <br> Turkey Sausage Patty 1 ea Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice $1 / 4 \mathrm{C}$ Fresh or Cooked Vegetable Fresh or Chilled Fruit |
| 2930 |  |  |  |  |
| Gluten, Dairy \& Egg Free Whole Grain Chicken Nuggets 4 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit | Gluten, Dairy \& Egg Free Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit |  | Fresh or Chilled Fruit: Apples, <br> Cantaloupe, Watermelon, Honeydew, Banana, Oranges | THIS MENU DOESNOT CONTAIN PEANUTOR PEANUTPRODUCTS <br> SHG is an equal opportunity provider |

